



## Academic Achievement Plan

*Your Academic Achievement Plan will help you:*

- **Step One:** Identify your academic experiences, acknowledge your challenges, and recognize your needs.
- **Step Two:** Discover your strengths, skills and abilities.
- **Step Three:** Design your success by forming goals you can address with an action plan.

### *STEP #1*

**Describe your academic experience.**

**What challenges are you facing?**

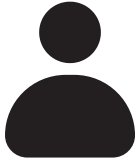
**What do you need to feel supported?**



**STEP #2**

**Conversation with Learning Coach**

- What are your skills/strengths?
- How do you currently overcome challenges?
- What skill/strength do you need to overcome obstacles?




---



---



---

**STEP #3 Now it's your turn! Create your Action Plan**

<p><b>Goals:</b>  <small>how important is this Goal to my success?</small></p>	<p><b>Strategies:</b>  <small>What makes this strategy different than the ones you've been using?</small></p>
<p><i>Example:</i> Gain better study habits</p>	<p>Free myself of distractions, preview lecture notes, read textbook, do homework etc.</p>